

# NEMATO

Change a life

*success in life – for youth, by youth*

Newsletter, December 2014, issue 7

## **NELSON MANDELA TOWNSHIP YOUTH EMPOWERMENT & SPORT**

The hot news:

Liyema Nxobo is in Namibia for Zone 6 Championships. He is participating in the tumbling competition. It's his first international competition. He is our fourth gymnast participating in a international competition.



*Liyema at the airport on his way to Namibia*

The year is coming to an end, and what a year it was! Here are some highlights:

- Athenkosi Hlekani is our first member to graduate. He now combines a post graduate course in education with teaching at a top school Jeppe High School where he also became the head coach and first team coach for rowing.
- Onke Mangele became National Junior Boys Champion on the double mini trampoline. It's the second time a Nemato member became national champion.
- We received the Eastern Cape MEC Award for best sport and youth empowerment organisation in the province.
- We proudly got a blog entry about our programme on National Geographic.

The summer holiday has started. Our regular programme is closed, but we don't close. We stay open and offer activities and a safe space. We received a donation from UTi to do something extras, so we'll have some nice food for Christmas. If you are also in a festive giving mood, please donate, see Nemato Change a Life bank details on the last page or donate online on [www.backabuddy.co.za](http://www.backabuddy.co.za). Thank you very much to all who donated this year!

## Second class pre-school

We started a second class in our pre-school. With a tent we created an extra classroom. We split the group to age: one and two years and three and four years old. That makes it much easier to offer a programme that suits the ages of the children. We invited ten more children from our waiting list, and now have a total of 25 children in our pre-school.

## Beyond Sport Summit

The annual Beyond Sport Summit was in South Africa this year, in Soweto and Johannesburg. It was a great opportunity to meet organisations from all over the world that use sport for social change. Inspiring and good networking. It has connected us for example to LifeXchange, that will help us with a mentoring programme for our members.

## Dignity Dreams

Ever thought of this? Imagine you are a girl growing up in poverty. You have your monthly period and no money. What do you do? To make life a little bit easier, we started offering *Dignity Dreams* washable pads for our girls. A positive side effect is that it lifted the taboo on talking about menstruation.

## Wordworks

To improve the literacy development of our younger members, we'll introduce the *Wordworks* programme in our class for grade 1 and 2 when we re-open our class in January. *WordWorks* is widely recognised as a highly effective and easy to use programme. Four members have been trained by Amy Webster from *WordWorks* to use the programme.

## Nemato Leadership Academy

Nemato Change a Life is for youth, by youth. Leadership of the organisation is in the hand of the members, which works well and is a great empowerment tool at the same time. To help maximise the impact, we started the Nemato Leadership Academy. Lessons about all sorts of different subjects, from bookkeeping to media training, and from entrepreneurship training to how to chair a meeting.

## Ashley on course

Our trainee manager Ashley Backward attended a one day Asset Based Community led Development workshop in Port Elizabeth. The course focused was on how to run organisations "with what we have and what we know", and not wait for 20 years until government builds a multi-purpose centre. The event was hosted by Ikhala Trust. Thank to Stenden University for organising the trip!



*happy holiday time*



*Amy introduces WordWorks to our instructors*

Ashley also participated in a week long 'NLP' course in Grahamstown which gave him new skills in working and communicating with people. Thanks to The Learning Trust for offering the course!

## President's Award gold hike

For beautiful and challenging hikes we don't have to go far. Lifa Nxobo and Lindokuhle Nikelo participated in the Shipwreck Hike for the Gold President's Award. It started on our own East Beach in Port Alfred. Four days of hiking over beaches and shifting dunes and canoeing on the Kleinemonde River. Both members finished the challenge and after receiving the bronze and silver awards in previous years, they are almost ready for the Gold Award event next year.

We became the second President's Award facilitator in South Africa to start using online registration of the activities of our participating members.



## donation

Thanks a lot to the Eastern Cape Department of Sport, Arts and Culture for the donation received from the National Youth Camp in Port Alfred organised by Stenden South Africa..

## support us

If you are in a festive giving mood, please don't hesitate and donate for the future of our youth! You can donate online on [www.backabuddy.co.za](http://www.backabuddy.co.za) or pay into our account: Nemato Change a Life, FNB Port Alfred, 6225 665 9461.

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## NEMATO ROWING CLUB

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### Eastern Cape camp

Four Nemato rowers have been invited to the Eastern Cape rowing camp in the holiday. At the camp the provincial team

will be selected to National Championships early next year. Good luck to Mondli Njibane, Sonwabile Mhomho, Them bani James and Xolisani Hina!

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## NEMATO GYMNASTICS CLUB

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### Mandy's Classic

The last competition of the year was Mandy's Classic in Port Elizabeth. We went there with 22 gymnasts. Liyema Nxobo stood out on the trampoline with the highest score of the competition. It was nice to jump on all the good apparatus, that we don't have at our club. Mandy's pool is great too!

### Zone 6 Championships

Liyema Nxobo is in Namibia for Zone 6 Championships. He is participating in the tumbling competition. It's his first international competition, and he is our fourth gymnast participating in an international competition!



*Liyema on trampoline*

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## NEMATO HANDBALL CLUB

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### Beach handball tournament

The handball club is our only club still in action. They have left for a beach handball tournament in Durban. It's the first

time for our club to participate in beach handball, but with the beach just three kilometres away, beach handball is right for us. Twenty of our handball players have qualified for the trip.

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## NEMATO FENCING CLUB

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### Holiday

Our fencing club is closed for the holiday. The fencers are enjoying a break after a great year with competitions in Port

Elizabeth, George, Bonnievale and Pretoria. We'll use the holiday to get some weapons fixed so that we can re-open the steadily growing club in full force in the new year.

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**Thanks a lot to all our supporters in 2014,  
please keep looking after us in 2015!**

**Have a great festive season!**

## CONTACT DETAILS

### Nemato Change a Life

#### Board of Governors

Buhle Ngcelwane	Chairperson	078 580 6326	bngcelwane@hotmail.com	representing handball
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Nomtha Veto	Member			representing handball
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### Internet

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### Our supporters

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