

NEMATO

Change a life

giving disadvantaged youth the mindset, knowledge, skills and support to become successful in life

10 March 2012, issue 2

NELSON MANDELA TOWNSHIP YOUTH EMPOWERMENT & SPORT

With the delivery of two of our new ergos (rowing machines) to Port Elizabeth (PE), Nemato Rowing Club PE branch has been established. Five Nemato members are studying at PE College and wanted to row again. Hopefully by April we'll be able to get some boats to PE. We are looking forward to seeing our PE rowers at competitions later this year. Our new policy is to keep members in the Nemato family as long as they keep aiming for a better future. Offering rowing to our PE College students is a logical next step.

NEMATO CHANGE A LIFE

Change a Life

Changing lives is a long term challenge. Preparing members to study at college or university is not good enough. How are they going to study without a place to stay, with no money to eat, and with no helping hand and listening ear? Nemato Change a Life can-not sort out all challenges for the students. They have to take their own responsibility, but when the obstacles are too high, we help. It is also about helping each other and about giving back to the organisation. Under the members who left Port Alfred to study, there is a strong sense of belonging to the Nemato Change a Life family!



homework class

The start of a Port Elizabeth branch of our rowing club takes the idea of staying in the Nemato family for life to the next level.

Crèche

A visit by staff from the Rhodes University Early Childhood Development (ECD) department was a big step towards starting our own crèche and offering members great study opportunities in ECD and Community Development. Our two rowers Destiny and Noxolo started volunteering at local crèches to prepare themselves for starting our own crèche.

Homework class

Stenden students started helping us with the homework class on Mondays. With more people helping, we are able to give more individual attention to the learners. It would be great if more volunteers could help us on the other days of the week to further improve the quality of the class.

We bought learner's and teacher's mathematics books for grade 7, 8 and 9 to be able to prepare the members for better study opportunities like FET colleges. With the books we have all the information needed to prepare members for the qualification tests.

Stationary

We would like to thank *Enveloprint* and *Harry's Printers* for donating stationary for our homework class. Pens, pencils, white board markers, paper and more. It is great that we don't have to worry about these basic necessities any-more!

Leadership

Our organisation is run by the members. Who knows better what this organisation is all about than the members? It is also a great learning opportunity in leadership and management. In general it works well, but is not always easy. With our top performers now studying outside Port Alfred, we are missing some energy and initiative. It is easier to watch a movie or play a computer game than to get up and hang the gutter to collect rainwater. We miss the leaders who are active, motivate the others, and get things done. We are looking for ways to restructure the daily activities to encourage leadership and initiative.

Sport for Social Change Network

Nemato Change a Life is a proud founder member of the *Sport for Social Change Network Southern Africa* (SSCN). In

a conference in Johannesburg the SSCN members approved the constitution and elected a board. The network will be formally established as a Non Profit Company (NPC). SSCN is supported by Nike, *Deutsche Gesellschaft für Internationale Zusammenarbeit* (GIZ) and the *Nelson Mandela Children's Fund*. The network connects us to other organisations that use sport for social change and helps us with knowledge and fundraising opportunities.

Auditing

The bookkeeping of Nemato Change a Life and the four affiliated sports clubs was handed in for auditing. This is a costly but important exercise to check that we manage our donated money in the best possible way. We are proud that, as every year, we received an unqualified report for our rowing club and we are confident that our other clubs will also receive the green light from the auditors.

NEMATO ROWING CLUB



new ergos donated by Lottery



senior rowers with Nelson Mandela Township in background

Coaching

Two senior members, Tsepo and Simlindile, have started coaching for the rowing club to support Chuma and Jan who have limited time for coaching. The system of members owning and running the clubs works in two ways, it gives us the hands to run the clubs and it gives the members important skills and confidence that will help them to grow in life. Our younger rowers coach the beginners' course.

New ergos

We started using the new ergos we got from the Lottery. A nice new feature of the new ergos is wireless connection that makes it possible to compete against each other.

Nemato PE

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NEMATO GYMNASTICS CLUB



gymnastics training

Training

There is a large group of new members in the gymnastics club. They are training for tumbling and trampolining competitions. The experienced gymnasts train not only for tumbling and trampolining, but also for 'Gym for All'. This is a 5 minute show with dance and gymnastics. The Gym for All competition was planned for March and the tumbling and trampolining for later. Unfortunately the Gym for All competition has been postponed. It might clash with tumbling and trampolining. In that case we'll probably skip gym for all.

We hope to participate in a small local mini trampoline competition in March.

NEMATO NETBALL CLUB

Handball

The netball club has a very small group of members. The idea was to make the club more exciting by moving from netball to the more dynamic handball. There is a German handball coach

volunteering in Port Alfred till August and he was willing to help us. Unfortunately he seems much less enthusiastic since he came in vain to some sessions, due to late arrival of our members. At this stage it is not clear if the change to handball will work out.

NEMATO FENCING CLUB

Kit and equipment

Slowly we are making some progress with the fencing club. The fencing clothes we ordered are almost ready and we recently ordered the equipment. It will take about a month before we receive the equipment as some parts have to be

imported.

Other good news is that the fencing association received funding for a training camp. We are invited to participate with coaches and fencers later in the year.

CONTACT DETAILS

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bookmarks: www.google.com/bookmarks (we are everywhere on internet, facebook, twitter, flickr, etc, check our google bookmarks list)

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