

NEMATO

Change a life

success in life – for youth, by youth

Newsletter, 26 June 2014, issue 4

NELSON MANDELA TOWNSHIP YOUTH EMPOWERMENT & SPORT

After talking to readers, we changed the frequency of our newsletter: no more monthly routine, but we'll surprise you with a newsletter, any time we have news that will make you smile (or cry), that will tickle your thoughts, or will blow you away. Or maybe even to get you involved! Please feel free to send us an email to matinyanafund@gmail.com, we love to hear from you!

What is the big news for this newsletter?...

Here we go: National Lottery phoned us yesterday to inform us that they'll give us a grant of R600,000!!!

NEMATO CHANGE A LIFE

National Lottery

We received a phone call this week: the National Lottery informed us that they decided to give us a grant of R600,000!!! Isn't that fantastic news? We'll receive the details about the way we have to spend the grant later. More about it in our next newsletter.

Website

Is it difficult to type our long www.matinyanafund.org.za web address? It's easy now: www.nemato.org.za will take you there.

Watching the stars

Watching planet Saturn with its rings and moon Titan, is an amazing experience. We are excited that we have the use of a fine telescope to explore the universe. It's opening up a whole new world for our members and brings science 'down to earth'.

Attendance and care

In a disadvantaged community like ours, where many people don't have hope for a better future, apathy easily becomes as big a challenge as the poverty itself. There is no money to study, there are no jobs. With no hope, people have little reason to care, because it doesn't matter. Doing nothing and

forgetting in alcohol, drugs and unsafe sex becomes normal, with crime as a way to fund it.

We experience that youth under the age of 16 is still less affected by this apathy and is more active. That is why we focus on youth to change the community. Of the youth, only the most active ones become members, as they have to show good attendance before we offer full membership. Our programme is designed to give the youth as much responsibility as possible (*success in life – for youth, by*



Watching Saturn with its rings and moon Titan

youth). But looking at the difficult circumstances our youth grows up in, it's no surprise that we are confronted regularly with apathy in our organisation. Even the most successful athletes easily skip sessions, and the most committed members sometimes allow care to slip away and our place to get messed up.

To sharpen up, the members decided that missing a session will be punished immediately, by taking away privileges like access to the office (computers and internet!) or food.

To improve behaviour, one of the mothers started helping us. Her presence and friendly way of addressing poor behaviour is calming down the group. She has also become a shoulder for members to cry on or someone sympathetic to speak to; life is tough for many members with violence, death and other traumatising experiences too often crossing their paths.

We are planning activities to further improve behaviour. Our aim is to have a lasting impact and help our members to develop themselves into caring adults who are committed to success in life and skilled to change their future and their community for the better. We'll let you know how things are going in the next newsletter.

Advisory Board meeting

Our annual Advisory Board meeting took place on our eighth birthday: Youth Day, June 16. Great thanks to Brett Malila (The President's Award) from Bathurst and Lesley Lambert (Mike Thomson Change a Life Trust) all the way from Johannesburg, for making it an inspirational event with many fresh ideas to move our organisation forward. For all members there was a small birthday party with nice food and a big cake.



Advisory Board meeting

Help us

Do you like what we do? Why don't you help us? The more help we receive, the more impact we have. Here is an idea you might not have thought of:

When you buy an air ticket, they often ask you to pay extra to compensate for your carbon emission. Why don't you donate this amount to our solar initiative. It impacts in five ways: (1) We have a lot of sunshine here at the Sunshine Coast. (2) Our electricity supply is very unreliable, solar will keep us going. (3) Electricity generation capacity is scarce in South Africa, any addition helps the country. (4) The South African coal power plants are highly pollutant. (5) Awareness: if we change the youth, we change the future. Help us to go solar! Go to www.nemato.org.za and click the 'donate online' button.

NEMATO ROWING CLUB



Rowers pulling 5000m on the ergo

Ergo trial

Rowing is the physically most demanding of our sports. Of all the hard work, the ergo sessions are the least popular.

Compared to rowing, the ergos only offer the hard work, without the reward of the great feeling of good rowing technique and boat control. The toughest of all, are the ergo trials. We did the 5000m and the 60 minutes trials. Our strongest rowers were not as successful as last year when they broke most of our club records.

Nemato Sculls head

The rowers are preparing for the start of the competitive season. They still have time, first on the list is our own Nemato Sculls Head on the 16th of August. This tough event is for single sculls over the long Boat Race course. Besides our own rowers, we also expect rowers from some other clubs to join us.

NEMATO GYMNASTICS CLUB

EC Academy of Sport

Two of our top gymnasts have been accepted by the Eastern Cape Academy of sport for support. The support is financially and in the form of services like treatment of injuries. The selected gymnasts are: Siphamandla Baku and Onke Mangele.

Eastern Cape Trials

The first gymnastics competition of the season was Eastern Cape Trials. On Friday was the tumbling at Anderson's and on Saturday the trampoline at the Indoor Sports Centre in Uitenhage. We competed with a large group of 23 Nemato gymnasts. Our four top gymnasts were not there, they were at a tumbling competition in Johannesburg, but still, maybe because two other strong clubs were not there, we dominated the higher level boys gymnastics in the higher age groups. It was a nice event. Next time we'll do even better: we'll have a list with the jumps, so that we don't lose points for jumping wrong routines, and please guys, be a bit more disciplined during sleeping hours. Watch out for Nemato at Eastern Cape Champs, we are going to be strong!



Nemato dominating higher level boys at gymnastics trials

NEMATO HANDBALL CLUB



goal posts for our handball club

PE tournament

We had three Nemato teams playing at a tournament in Port Elizabeth. Our two girls teams (under 15 and under 17) both won. They gained a lot of speed and power from the training

sessions they do together with our boys. The boys team in under 17 lost, but being new in the sport, this is not the end of the world, the team will get stronger over time.

Goal posts donated

The Department of Sport donated a set of handball goal posts to our club. It was too big for a bakkie, so the challenge was to find transport to get them from Grahamstown to Port Alfred. After trying for a very long time, we asked The President's Award if they could help us and in no time the goal posts were at our club. Thanks Brett for sorting it out! Thanks to the Department for the donation and The President's Award for the support. With the goal posts the handball club can practice with the real size post, not a net hanging between some chairs. That's a very different game!

Kit donated

The Nettelkamp Handball Club in Germany donated a second hand, but as good as new, set of handball shirts and shorts in our club colours green and white. Now that our club has grown from one to three teams, this extra set is most welcome!

NEMATO FENCING CLUB

No news is good news

There is no news from our team of nine fencers. Training as

usual. We hope to know within a few days when the next competition will be, so that we can train with more focus.

CONTACT DETAILS

Nemato Change a Life

Advisory Board

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Mzamele Dikeni	Community Development, Stenden South Africa
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Our supporters

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