

NELSON MANDELA TOWNSHIP YOUTH EMPOWERMENT

Nemato Change a Life - Highlights

Nemato Change a Life lockdown



After a few weeks on high alert and strict hygiene measures, we had to lockdown Nemato Change a Life for the coronavirus crisis. Hopefully we can reopen soon.

food parcels



After locking down, we had to stop serving meals to our members. The lockdown also makes it much harder for many families to generate income for food. With the help of KFC and others, we started delivering food parcels to ease the pain.

Siyabulela back to Tokyo



After competing at the World Championships, Siyabulela and coach Lee were invited back to Tokyo for a two weeks training camp, fully paid by Japan.

national fencing medal



Anoxolo has established himself as one of South Africa's top fencers. He won bronze at the National Championships for the second year in a row.

SUCCESS IN LIFE - FOR YOUTH, BY YOUTH

Nemato Change a Life offers a holistic set of youth empowerment programmes for disadvantaged youth from the townships in Port Alfred: Nelson Mandela Township (Nemato), Thorn Hill and Station Hill. We give our youth the mindset, knowledge, skills and support to escape from poverty, for *success in life*.

lockdown



In the weeks before the coronavirus lockdown, we stayed in daily contact with retired doctor and Nemato supporter Alexander van Assendelft, who advised us how to stay safe. We had daily meetings with our members to keep everybody up to date about the virus and hygiene.

In the picture we were preparing our last daily meal before we had to lock down our centre.

Tanks coding



We started playing Tanks. It's an award winning app by Nelson Mandela University in Port Elizabeth to learn coding without computers.

Thanks to Professor Jean Greyling for bringing us a set of tokens that can be scanned by the Tanks phone app.

skate ramp



We tried to set up our skate ramp in a township backyard, but lack of space was problematic. We moved it to the Titi Jonas community centre and started building the ramp there. It's still a lot of hard work, but we made a good start.

Buco helped us with a generous donation for timber to build our skate ramp.

The project is an initiative by David Macgregor, of Shaka Surf School, who invested a lot of time and energy to make it happen.

Early Childhood Development



The Level 4 Early Childhood Development course in Kenton had five spaces open. To fill the spaces, we offer transport to five ECD practitioners from the Bathurst and Port Alfred townships for this important year long course.

Early Inspiration runs the course and it's funded by Rotary International.

building



Every weekend we offer a wide range of skills activities for our members, for example we put up LED roof lights.

Allan Gray



Allan Gray Fellows visited Nemato Change a Life. The Allan Gray Orbis Foundation cultivates the entrepreneurial potential of young South Africans.

driver's licence



Our programme manager Ashley passed his drivers test.

special needs



We took three of our sports to the local special-needs school Enkuthazweni, where our member Lifa is working.

President's Award



Our members with silver or gold President's Awards were invited to Makhanda, to be offered Boston College bursaries.

photography



With our photography group we did some photography in the dark, playing with very slow shutter speeds.

SPORTS

Our sports clubs offer four small Olympic sports: rowing, gymnastics, handball and fencing.

footboards



John Waugh Racing Boats donated 16 pairs of rowing shoes to us. Our rowers are making new footboards with them.

Tokyo



Gymnast Siyabulela (right) and coach Lee (left) were on a two weeks training camp in Tokyo, on invitation by Japan: training at the highest level in the world. Sightseeing took them even higher: they visited the 634m tall Skytree.

Buffalo Regatta



A small group of Nemato rowers and our coach Sheldon were in East London for a week to train and compete at the Buffalo Regatta, the biggest national competition of the year. Simthembile came very close to winning his single sculls race but had to settle for second place.

gymnasts to PE



Onke and Siyabulela moved to Port Elizabeth to be able to train every day with coach Lee. In the picture they are fitting the uniforms for their new school.

Although they made great progress in the training sessions, at the trials for African Championships the pressure was too much and they underperformed.

Liyema, who is focused on writing matric and can hardly train, competed without any pressure and was surprisingly the only South African male gymnast to directly qualify for the Olympic trials at African Championships.

new trampoline



Our new double mini trampoline is at the Titi Jonas hall. Thanks to Lotto, Change a Life and donors for funding it!

tumbling



With our inflatable tumbling track we have revived tumbling. Thanks to Tim for coaching!

handball trials



Four handball players went to Cape Town for trials, where Lihle and Andile were selected for IHF Zone 6 in Zimbabwe.

handball course



Lihle and Andile went to a three day coaches course in East London.

SA Fencing Championships



We were at the SA Junior Fencing Champs in Cape Town, where Anoxolo won bronze for the second year in a row.

fixing fencing weapons



After a weapons maintenance workshop in Port Elizabeth, our fencers brought 16 weapons back to good working condition.

GET INVOLVED

donate for food parcels

To help address the challenge of lockdown hunger, all donations we receive during the lockdown will be used for food parcels for the homes of our members.

PLEASE DONATE!

The banking details are below.

Send us an email (info@nemato.org.za) so that we can provide you with a Section 18A tax deduction certificate.

For international donations, please use the [Back-a-Buddy website](#), or click on the donate button on our website.

like us on facebook

To keep up to date about our activities, like our facebook page [nemato.org.za](https://www.facebook.com/nemato.org.za).



CONTACT DETAILS

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930033563 (Section 18A Public Benefit Organisation: South African donations are tax deductible)
Level 1 B-BBEE contributor (highest level Broad-Based Black Economic Empowerment certificate)

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